

Equity Reflections – What Role Do Parks Play in Health?

Taking Action for Fairness

Choose one way to apply what you learned:

- **Awareness Venn Diagram** → Create a visual showing how issues like housing, health, and income overlap in communities.
- **Data + Service Project** → Collect and analyze local data to identify overlapping needs and design possible solutions.
- **Helping Hands Drive** → Organize a collection of food, hygiene items, or school supplies for families facing multiple hardships.

My choice is: _____

What I will do this week is: _____

Creative Box

 Draw or sketch:

- A **Venn diagram** showing overlapping inequities.
- OR **families holding hands** to represent unity and shared resilience through challenges.

Anchor Quote

“Equity work means understanding how struggles overlap—and standing with those who carry the heaviest loads.”

— *Equity in Numbers Journal*

Instructions:

1. Copy the quote neatly on the lines below.
2. Highlight or underline the word(s) that mean the most to you.
3. Add a small drawing, border, or symbol that represents **community, fairness, or resilience.**

Copy Here:

My Drawing or Symbol: